

What information do we need for a referral for support?

1. The child/young person's name & date of birth.
2. The Parent/Carer's name, contact details and relationship to the child.
3. The School the child/young person attends.
4. The name and any contact details for any agencies involved with the child, e.g. Social Worker, Family Worker.
5. Consent from the parent/carer for the child to participate in the group.

After receiving a referral we will:

Contact the parent or carer of the child/young person to arrange a meeting

Collect some background information

Explain more about the group

Offer a place in an appropriate group

We also meet the parent/carer after the group to give feedback.



Contact us

Helpline: 0118 950 4003

(The helpline is staffed Monday to Friday between the hours of 9am-5pm for referrals/enquiries)

**Write: PO BOX 413
Reading
RG1 8XL**

Email: info@bwaid.org.uk



Support for Children and Young People

The programme aims to offer a safe and friendly environment in which they can share experiences and develop a better understanding of how they feel, and how best to express these feelings.

Specialised Children's Work

- Aims to provide support to children who are living with domestic abuse at home.
- The dynamics of abuse — that it is not their fault.
- Encourages appropriate ways of resolving conflicts.
- Practices safety planning.
- Emphasis on enhancing self esteem.
- Based on Dr. Peter Jaffe's research on the effects of domestic abuse on children.
- Analysis of these group work sessions has shown children to have increased confidence and improvements in their behaviour.
- Held in schools, during school hours, for 10 weeks, each session is 1 hour.
- Can be delivered 1-1.

Changing Faces

- Young People's Perpetrator Project.
- For Young People displaying abusive behaviours.
- Deals with why they are being abusive and what affect this has on others.
- 6 week programme, 1 hour per session.
- Delivered 1-1.

Giving Choices

For Young People affected by Parental Abuse. Looks at raising awareness of domestic abuse and the qualities of a healthy positive relationship.

- Where young people can safely discuss their experiences and how they feel.
- Looks at resolving conflicts and safety planning.
- The programme was developed from the Spiralling Programme and the Respect Programme.
- The sessions run for an hour a week, for an initial 5 weeks.
- Delivered 1-1.



Teen Choices

For Young People who are or have been in abusive relationships.

- 6 week programme, 1 hour per session.
- Learning about healthy and unhealthy relationships.
- How domestic abuse affects confidence, self esteem and children.
- Recognising controlling behaviours at an early stage in a relationship.
- Rebuilding damaged confidence.
- Delivered 1-1.

Changing Faces -Young People's Perpetrator Project

For Young People displaying abusive behaviours.

- Deals with why they are being abusive and what affect this has on others.
- 6 week programme, 1 hour per session.
- Delivered 1-1.